

Supplemental Digital Content 5 Descriptive statistics.

Characteristics	Number of participants (percentage)	Characteristics	Number of participants (percentage)
Sex at age 12	N=5,398	less than once a month	207 (4%)
male	2,724 (50%)	not at all	145 (3%)
female	2,674 (50%)	LTPA at age 17	N=4,218
Sex at age 14	N=4,739	just about every day	800 (19%)
male	2,359 (50%)	four to five times a week	717 (17%)
female	2,380 (50%)	two to three times a week	1,266 (30%)
Sex at age 17	N=4,236	about once a week	686 (16%)
male	2,045 (48%)	one to two times a month	326 (8%)
female	2,191 (52%)	less than once a month	196 (5%)
Sex at age 22	N=2,103	not at all	227 (5%)
male	875 (42%)	LTPA at age 24	N=3,377
female	1,228 (58%)	several times every day	83 (3%)
Parental education	N=4 927	just about every day	390 (12%)
compulsory education	1,479 (30%)	four to five times a week	556 (17%)
vocational secondary education	1,417 (29%)	two to three times a week	1,114 (33%)
academic secondary education	1,329 (27%)	about once a week	641 (19%)
tertiary education	702 (14%)	one to two times a month	314 (9%)
Maternal LTPA	N=5,100	less than once a month	208 (6%)
over 20 times a month	875 (17%)	not at all	71 (2%)
11–20 times a month	1,046 (21%)	School performance at age 12	N=4,372
6–10 times a month	1,310 (26%)	grade point average better than 9	154 (4%)
3–5 times a month	825 (16%)	grade point average 8–9	2,067 (47%)
1–2 times a month	550 (11%)	grade point average 7–8	1,816 (42%)
less than once a month	494 (7%)	grade point average 6–7	323 (7%)
Paternal LTPA	N=4,583	under 6	12 (0.3%)
over 20 times a month	557 (12%)	School performance at age 14	N=2,923
11–20 times a month	768 (17%)	grade point average better than 9	299 (10%)
6–10 times a month	1,133 (25%)	grade point average 8–9	1,273 (44%)
3–5 times a month	834 (18%)	grade point average 7–8	979 (34%)
1–2 times a month	624 (14%)	grade point average 6–7	346 (12%)
less than once a month	667 (15%)	under 6	26 (1%)
LTPA at age 12	N=5,105	Student status at age 17	N=4,207

just about every day	670 (13%)	not studying currently	182 (4%)
two to three times a week	2,524 (49%)	in vocational school	1,426 (34%)
two to three times a month	366 (7%)	in upper secondary school	2,599 (62%)
two to three times in six months	222 (4%)	Educational attainment at age 24	N=3,218
not at all	1,323 (26 %)	compulsory education	128 (4%)
LTPA at age 14	N=4,715	vocational secondary education	917 (29%)
just about every day	949 (20%)	upper secondary education	457 (14%)
four to five times a week	814 (17%)	tertiary education	1,716 (53%)
two to three times a week	1,418 (30%)		
about once a week	818 (17%)		
one to two times a month	364 (8%)		

LTPA=leisure-time physical activity

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not at all	71 (2%)	3–5 times a month	825 (16%)
School performance at age 12	N=4,372	1–2 times a month	550 (11%)