

Twelve Item MS Walking Scale (MSWS-12)

Record form



Subject ID Number			Subject Initials		Date Questionnaire Completed		Day	Month	Year		

If you cannot walk at all, please tick this box

<i>In the past two weeks, how much has your MS . . .</i>	Not at all	A little	Moderately	Quite a lot	Extremely
1. Limited your ability to walk?	1	2	3	4	5
2. Limited your ability to run?	1	2	3	4	5
3. Limited your ability to climb up and down stairs?	1	2	3	4	5
4. Made standing when doing things more difficult?	1	2	3	4	5
5. Limited your balance when standing or walking?	1	2	3	4	5
6. Limited how far you are able to walk?	1	2	3	4	5
7. Increased the effort needed for you to walk?	1	2	3	4	5
8. Made it necessary for you to use support when walking indoors (eg holding on to furniture, using a stick, etc.)?	1	2	3	4	5
9. Made it necessary for you to use support when walking outdoors (eg using a stick, a frame, etc.)?	1	2	3	4	5
10. Slowed down your walking?	1	2	3	4	5
11. Affected how smoothly you walk?	1	2	3	4	5
12. Made you concentrate on your walking?	1	2	3	4	5

From the numbers you circle against these questions, your healthcare professional can calculate your MSWS-12 score. This is done by adding the numbers you have circled, giving a total out of 60, and then transforming this to a scale with a range from 0 to 100. Higher scores indicate a greater impact on walking than lower scores.

To be completed by the healthcare professional

Total score _____ out of 60

Percentage _____ %



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Graph – Patient Progress Over Time



First Visit
Date:

Subject ID Number

Subject Initials

Day

Month

Year

Use the graphs below to plot the percentage score from the questionnaire at each visit. The higher the score/percentage, the greater the perceived impact MS is having on walking ability. A change will be indicated by a reduction or increase in the score over time.

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