

**TABLE E-1** The University of California in Los Angeles (UCLA) functional shoulder assessment tool

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Pain	
Present always and unbearable; strong medication frequently	1
Present always but bearable; strong medication occasionally	2
None or little at rest, present during light activities; salicylates frequently	4
Present during heavy or particular activities only; salicylates occasionally	6
Occasional and slight	8
None	10
Function	1
Unable to use limb	2
Only light activities possible	4
Able to do light housework or most activities of daily living	6
Most housework, shopping, and driving possible; able to do hair, dress and undress	8
Slight restriction only; able to work above shoulder level	10
Normal activities	
Active forward flexion	5
>150 <sup>0</sup>	4
120-150 <sup>0</sup>	3
90-120 <sup>0</sup>	2
45-90 <sup>0</sup>	1
30-45 <sup>0</sup>	0
<30 <sup>0</sup>	
Strength of forward flexion	5
Normal	4
Good	3
Fair	2
Poor	1
Muscle Contraction	0
Nothing	

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Total Score

/30