

TABLE E-1 Details on the Assessments Performed at the Initial and Review Appointments						
Assessment	Baseline	6-Week Follow-up	3-Month Follow-up	6-Month Follow-up	1-Year Follow-up	Assessment
Questionnaire	✓					Demographic details (age, sex, height, weight)
	✓					Hand dominance and injury side
	✓					Injury mechanism
	✓					Sports played and level of participation
	✓	✓	✓	✓	✓	Current contact details
	✓					Comorbidities assessment
		✓	✓	✓	✓	Return to work
	✓	✓	✓	✓	✓	Current employment status
		✓	✓	✓	✓	Return to sports and level of participation
		✓	✓	✓	✓	Time off work
		✓	✓	✓	✓	Further shoulder injury
		✓	✓	✓	✓	Further medical treatment
		✓	✓	✓	✓	Further surgical treatment
		✓	✓	✓	✓	SF-12 assessment
		✓	✓	✓	✓	DASH assessment
		✓	✓	✓	✓	Constant assessment
	✓	✓	✓	✓	Dissatisfaction assessment	
Case notes	✓					Initial treatment received (immobilization method, time to referral)
Recorded by treating surgeon	✓					Treatment group allocation
	✓					Details of primary surgical procedure
		✓	✓	✓	✓	Details of secondary surgical procedures
		✓	✓	✓	✓	Cost of treatment
	✓	✓	✓	✓	✓	Associated rotator cuff, neurovascular or bony injury
		✓	✓	✓	✓	Complications

TABLE E-1 (continued)						
Physical examination by blinded research physiotherapist	✓	✓	✓	✓	✓	Range of shoulder movement
Plain radiography	✓	✓	✓	✓	✓	Shoulder strength
	✓					Fracture displacement
	✓					Fracture comminution
Three-dimensional CT		✓	✓	✓	✓	Assessment of union
				✓	✓	Assessment of union