Evaluation and Treatment of Dyspareunia  
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1. The embryologic anlage of the vaginal vestibule includes the:

   A. Ovarian parenchyma  
   B. Fallopian tube  
   C. Cervix and uterus  
   D. Rectum and anal verge  
   E. Urethra and bladder
2. The main nerve supply to the vulva is via the:

A. Pudendal nerve  
B. Iliohypogastric nerve  
C. Anococcygeal nerve  
D. Genitofemoral nerve  
E. Ilioinguinal nerve

3. The concept of neuroplasticity suggests that painful sensations may occur from:

A. Altered central signaling pathways  
B. New peripheral neural connections  
C. Peripheral physiologic changes  
D. Repeated subthreshold negative stimuli  
E. Central desensitization

4. Vaginal lubrication in response to sexual stimulation is derived from the:

A. Endocervical glands  
B. Vaginal epithelium  
C. Bartholin’s gland  
D. Skene’s gland  
E. All of the above

5. Myofascial abdominal wall components of dyspareunia are best demonstrated by:

A. Palpation of the abdominal wall with a single finger  
B. The application of ice to the abdominal wall  
C. The response to muscle relaxant medications  
D. Having the patient lift her head during examination  
E. Bimanual pelvic examination
6. In addition to the vagina, lichen planus can also affect the:

   A. Gingiva
   B. Rectum
   C. Extensor surfaces of the skin
   D. Nipples
   E. Bartholin’s gland

7. Vulvar vestibulitis is currently classified as what type of disorder?

   A. Inflammatory
   B. Depressive
   C. Neuropsychiatric
   D. Autoimmune
   E. Neurosensory

8. Overall, approximately what percentage of women have dyspareunia at 6 months after delivery?

   A. 10%
   B. 25%
   C. 50%
   D. 75%
   E. 90%

9. Retroversion of the uterus is present in approximately what percent of normal women?

   A. 5%
   B. 10%
   C. 20%
   D. 30%
   E. 40%
10. When a surgical revision of the vaginal apex for deep dyspareunia following hysterectomy is performed, approximately what percentage of patients will have recurrent pain within 2–3 years of surgery?

A. 5%
B. 10%
C. 30%
D. 50%
E. 70%

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