Modern Evaluation of the Endometrium

Steven R. Goldstein, MD
Obstet Gynecol 2010;116(1)

ACCME Accreditation
The American College of Obstetricians and Gynecologists (ACOG) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. (Continuing medical education credit for “Modern Evaluation of the Endometrium” will be available through July 2013.)

AMA PRA Category 1 Credit™ and ACOG Cognate Credit
The American College of Obstetricians and Gynecologists (ACOG) designates this educational activity for a maximum of 2 AMA PRA Category 1 Credits™ or up to a maximum of 2 Category 1 ACOG cognate credits. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement
Current guidelines state that continuing medical education (CME) providers must ensure that CME activities are free from the control of any commercial interest. All authors, reviewers, and contributors have disclosed to ACOG all relevant financial relationships with any commercial interests. Dr. Goldstein has received honoraria for serving on the GYN Advisory Boards of Amgen, Boehringer Ingelheim, Eli Lilly, Novo Nordisk, and Merck Wetson. He has been a consultant for and received consulting fees from Cook ObGyn. He has been a consultant for and received an equipment loan from Philips Ultrasound. He has served on the speakers bureaus of and received honorarium from Eli Lilly and Warner Chilcott. Lastly, he has served as Director for, received Board Fees from, and held restricted stock in Sonosite, Inc. Any conflicts have been resolved through group and outside review of all content.

Before submitting this form, please print a completed copy as confirmation of your program participation.

ACOG Fellows: To obtain credits, complete and return this form by clicking on “Submit” at the bottom of the page. Credit will be automatically recorded upon receipt and online transcripts will be updated twice monthly. ACOG Fellows may check their transcripts online at http://www.acog.org.

Non–ACOG Fellows: To obtain credits, submit the printout of the completed quiz to your accrediting institution. The printout of the completed quiz is documentation for your continuing medical education credits.

1. In Practice Bulletin No. 14, the American College of Obstetricians and Gynecologists advises that endometrial evaluation in women with abnormal bleeding is necessary in those patients:

   A. Over 30 years of age
   B. Over 35 years of age
   C. Over 40 years of age
   D. Over 45 years of age
   E. At menopause
2. The most common cause of failure of suction piston biopsy to diagnose patients with known carcinoma is:

A. Incorrect use of the device
B. Incomplete review of the specimen recovered
C. The degree of dysplasia manifested in the tumor
D. The degree of endometrial surface involvement
E. Incorrect device selection

3. With an endometrial echo less than or equal to 4 mm on transvaginal ultrasound, the risk of endometrial cancer in a woman with postmenopausal bleeding is approximately:

A. 1 in 25
B. 1 in 50
C. 1 in 100
D. 1 in 250
E. 1 in 1,000

4. Of the following, the factor or condition most likely to result in the inability to image an endometrial echo is:

A. Patient age
B. Retroversion of the uterus
C. Adenomyosis
D. Endometrial polyps
E. Cervical stenosis

5. The incidence of malignancy in postmenopausal patients with a polyp discovered incidentally (ie, no history of bleeding) is:

A. 12%
B. 9%
C. 6%
D. 3%
E. As low as 0.1%