Supplemental Digital Chart 1

**Resident Survey Administered Before and After Intervention**

**EVALUATION OF SELF-DIRECTED LEARNING (SDL) PROGRAM**

Rate yourself on each of the following:

<table>
<thead>
<tr>
<th>Category</th>
<th>Rating Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>My ability to direct my learning</td>
<td></td>
</tr>
<tr>
<td>My goal setting skills</td>
<td></td>
</tr>
<tr>
<td>My familiarity with portfolios</td>
<td></td>
</tr>
<tr>
<td>My skill using EBM in practice</td>
<td></td>
</tr>
<tr>
<td>My confidence in my role as a future family physician</td>
<td></td>
</tr>
<tr>
<td>My ability to reflect on my practice</td>
<td></td>
</tr>
<tr>
<td>The state of my own professional development plan</td>
<td></td>
</tr>
</tbody>
</table>

*Post-intervention survey also includes the following questions:*

What aspects of the program were most effective?

What could be improved?

Name something you are doing differently now as a result of this program:

Would you recommend this program to other residents?  □ Yes □ No
Supplemental Digital Content Chart 2

Faculty Survey Administered Before and After Intervention

EVALUATION OF SELF-DIRECTED LEARNING (SDL) PROGRAM

Rate yourself on each of the following:

- My mentoring skills
- My reflective competence
- My familiarity with portfolios
- My own SDL skills
- My confidence in my advising role
- My patient care skills
- The state of my own professional development plan

Post-intervention survey also includes the following questions:

- What effect(s) do you think the SDL program had on the target residents?
- Have you noted any positive change over the past year in these residents’ use of:
  - Evidence Based Medicine?  □ Yes  □ No
  - Goal setting?  □ Yes  □ No
  - Reflection?  □ Yes  □ No

Comments/suggestions: