Improving Clinical Innovations and Outreach

This is a survey on clinician practices surrounding women's health and will take less than 5 minutes to complete. Your responses will help improve our efforts to provide high quality preventative health care for women.

All responses are completely private and confidential. Results will not be reported individually.

Do you consider yourself a provider of routine health care to women?

☐ yes, internal medicine primary care provider
☐ yes, obstetrician and gynecologist
☐ yes, certified nurse midwife
☐ yes, other
☐ no
☐ physician
☐ nurse practitioner
☐ physician assistant

other __________________________________

How many years have you been in practice since training?

☐ < 5 years
☐ 5-10 years
☐ 11-15 years
☐ 16-20 years
☐ > 20 years

A healthy thirty five year old woman comes to your clinic to establish care. She has a body-mass index of 29 kg/m², a blood pressure of 132/85 mmHg and she does not take any medications. What additional information is important in evaluating her long-term cardiovascular risk? Check all that apply.

☐ Social history, including habits
☐ Family History
☐ Pregnancy History
☐ Surgical History
☐ Occupational History

Which of the following elements of her family history confer an increased risk of premature cardiovascular disease? Check all that apply.

☐ Mother diagnosed with breast cancer age 40
☐ Maternal grandmother died at age 50 from stroke
☐ Maternal grandfather died at 55 from myocardial infarction
☐ Father with multiple sclerosis
☐ Sister with mitral valve prolapse

Which elements of her pregnancy history increase her risk of premature cardiovascular disease? Check all that apply.

☐ Gestational diabetes mellitus
☐ Preeclampsia
☐ Postpartum hemorrhage
☐ Delivery of a preterm infant
☐ Delivery of a growth restricted infant


The authors provided this information as a supplement to their article.

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If she reports gestational diabetes, which of the following screening tests would you assess? Check all that apply

- Blood pressure
- Fasting glucose
- Fasting lipid profile
- Body Mass Index
- HbA1C

If she reports a history of preeclampsia, which of the following screening tests would you assess? Check all that apply

- Blood pressure
- Fasting glucose
- Fasting lipid profile
- Body Mass Index
- HbA1C

If she is at increased risk for premature cardiovascular disease, what would you advise to improve long term cardiovascular health? Check all that apply

- Physical Activity
- Lipid panel screening
- Glucose screening
- Hormone replacement therapy
- Blood pressure screening
- BMI screening
- Annual Mammograms
- Waist Circumference

When evaluating cardiovascular risk during annual care, do you routinely ask about a personal history of: Check all that apply

- Sexually transmitted infections
- Gestational diabetes
- Preeclampsia
- Preterm deliveries
- Growth restricted infants
- None of these

Clinical guidelines and current practices for screening, prevention, and treatment of cardiovascular risk in women following pregnancies complicated by relatively common conditions such as preeclampsia, and gestational diabetes are evolving. How would you like to learn more about pregnancy complications and cardiovascular disease? Check all that apply:

- continuing medical education (CME) such as practice meetings and Grand Rounds
- online resources and guidelines
- circulation of peer-reviewed articles
- ask expert consultant
- other

Are you familiar with the BWH Cardiometabolic Health and Pregnancy Program in Maternal Fetal Medicine? Yes No

If you have any further thoughts about the feasibility or utility of using detailed pregnancy history as part of routine history and screening, please let us know them.