



## DISPLAY 19-6

### **Contraindications to Internal Evaluation of the Pelvic Floor Muscle**

---

- Pregnancy
- Within 6 weeks of vaginal or cesarean delivery
- Within 6 weeks after pelvic surgery
- Atrophic vaginitis, a condition of fragile skin seen in cases of estrogen deficiency
- Active pelvic infection
- Severe pelvic or vaginal pain, especially pain during penetration or intercourse
- Children and presexual adolescents
- Lack of informed consent
- Lack of therapist's training (The therapist should obtain specialized training in performing internal evaluations of the pelvic floor muscle. Training can be obtained in postgraduate courses or through individual instruction from a midwife, physician, nurse, or trained physical therapist.)